



An Important Message From Our Founder

The past couple of months have been an incredibly trying time for all of us. Among those directly impacted by our current events are the families caring for their preemie babies in the NICU. Many parents are facing the added stressors of time and visit limitations, overwhelmed staff, and the general anxiety that our country is collectively feeling -- in addition to the stress of caring for a medically fragile preemie.

Now, more than ever, they need our support.

Graham's Foundation has been a resource for preemie parents across the country for over a decade and our support is continuing to grow to meet the needs of the families we serve. Our first priority will always be to ensure that no family faces the journey of prematurity alone.

While our mission hasn't changed, our funding has. Non-profit organizations like Graham's Foundation are feeling the impact of this current pandemic and its economic toll. Several of our fundraising projects and events have needed to be adjusted, postponed or cancelled because of the current situation.

To help, one of our key donors has generously created a donation match challenge! **Every new donation will be matched, dollar-for-dollar up to \$25,000.** That means if you donate \$100* Graham's Foundation will receive \$200, doubling your impact!

We are ready to meet the needs of our community. But we need your support.

[Donate now and double your impact.](#)

In Gratitude,

*Nicholas Hall, Founder and President
Graham's Foundation*

*The federal stimulus CARES Act gives taxpayers an incentive to help those in need during the pandemic crisis: an above-the-line \$300 charitable income tax deduction per individual. That means non-itemizers can claim up to \$300 in an above-the-line income tax deduction for monetary donations made this year.

FROM THE
NICU
TO **HOME**

Tips for a Smooth Transition

Join Us for Our First VIRTUAL EVENT

**Tuesday, July 28
9 a.m. PST/Noon EST
Facebook/Graham's Foundation**

We are excited to announce our first virtual event, a live-streaming educational program during which we'll share tips for bringing your baby home from the NICU. The event will be hosted by experts from our [Premie Parent Mentor Program](#) who will answer the most commonly asked questions they receive.

You can submit questions in advance at info@grahamsfoundation.org.

In addition, we'll provide a link to a downloadable pdf with helpful information for transitioning from the NICU to home. If you, or someone you know, will be leaving the NICU soon, be sure to participate in this informative event.

[SIGN ME UP!](#)

Click "Sign Me Up" to receive a link (available in a few days) to the event.

Follow us on Facebook at [Graham's Foundation](#) and join us for this informative event.

A Special Note



Sometimes, we receive a note that is so touching that we want to share it with the entire Graham's Foundation community. Ashley's message, below, is a reminder of why we do what we do... and you're part of it.

"Honestly, Graham's Foundation is one of the most supportive networks that I've come across through my journey over the past two years. The myPremie app helped in more ways than one. We've lost our son but the memories are still in that app with pictures and visitors and milestones and even the not so good days, but memories. He will always be there.

We also received two little pictures to use as reminders, and we did just that. One of hope -- we posted that on the crib side as well as the little tree of branches of love or something along those lines. It's in my son's memorial box and every nurse that actually cared for him and that we respected and doctors in the same regard, signed the branches as we departed to a new hospital when they could no longer give him the care that he needed to live.

The most incredible thing about this foundation is the networking is impeccable. I've found women that are active in these support groups through Graham's Foundation and we all have one thing in common, even though we are all different in our own ways. It was nice to be able to come out of my shell and start talking, and it was awesome that I had support from someone who KNOWS NICU life and preemie life AND ADVOCACY!!

I thought that I was alone in my feelings for so long, but I wasn't. For this I am so grateful. I absolutely adore the proud preemie parent bracelets. We wore them throughout our stay at the Children's Hospital of Philadelphia and I am saddened to say that I haven't worn it since he passed and neither has my fiancé.

I'd like to leave off on a good note. You have helped our family in ways that we couldn't have imagined. I don't think that you guys even realize how much you've helped so I just want to say thank you Graham's Foundation for everything that you do. You're appreciated. Your story is raw and real and you decided to do something.

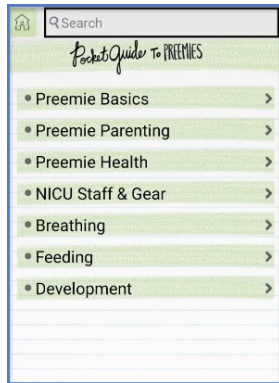
You've helped and I think that you've done what you wanted to achieve; your goal of helping others, while in the same sense, helping yourselves. I'm assuming by releasing your pain and turning that into a drive to reach a multitude of preemie parents in need and that's what I respect the most!! Thanks again!"



Premie Art Gallery

Remember to send your preemie's art for our online gallery at [Grahams' Foundation Premie Art Gallery](#).

DID YOU KNOW ?



Did you know that the [MyPremie](#) app includes a Pocket Guide to Prematurity? The guide offers easy to understand explanations of common health and developmental issues, equipment in the NICU, medical procedures, and a list of specialists parents may meet along with suggested questions to ask.

The Pocket Guide materials come from the well renowned book *Premies - Second Edition: The Essential Guide for Parents of Premature Babies* by Mia Wechsler Doron, MD, Dana Wechsler Linden, and Emma Trenti Paroli.

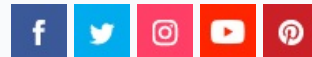
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We couldn't do it without you



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